



SAFE MOUNTAIN CAMPAIGN IN...

# Albarracín

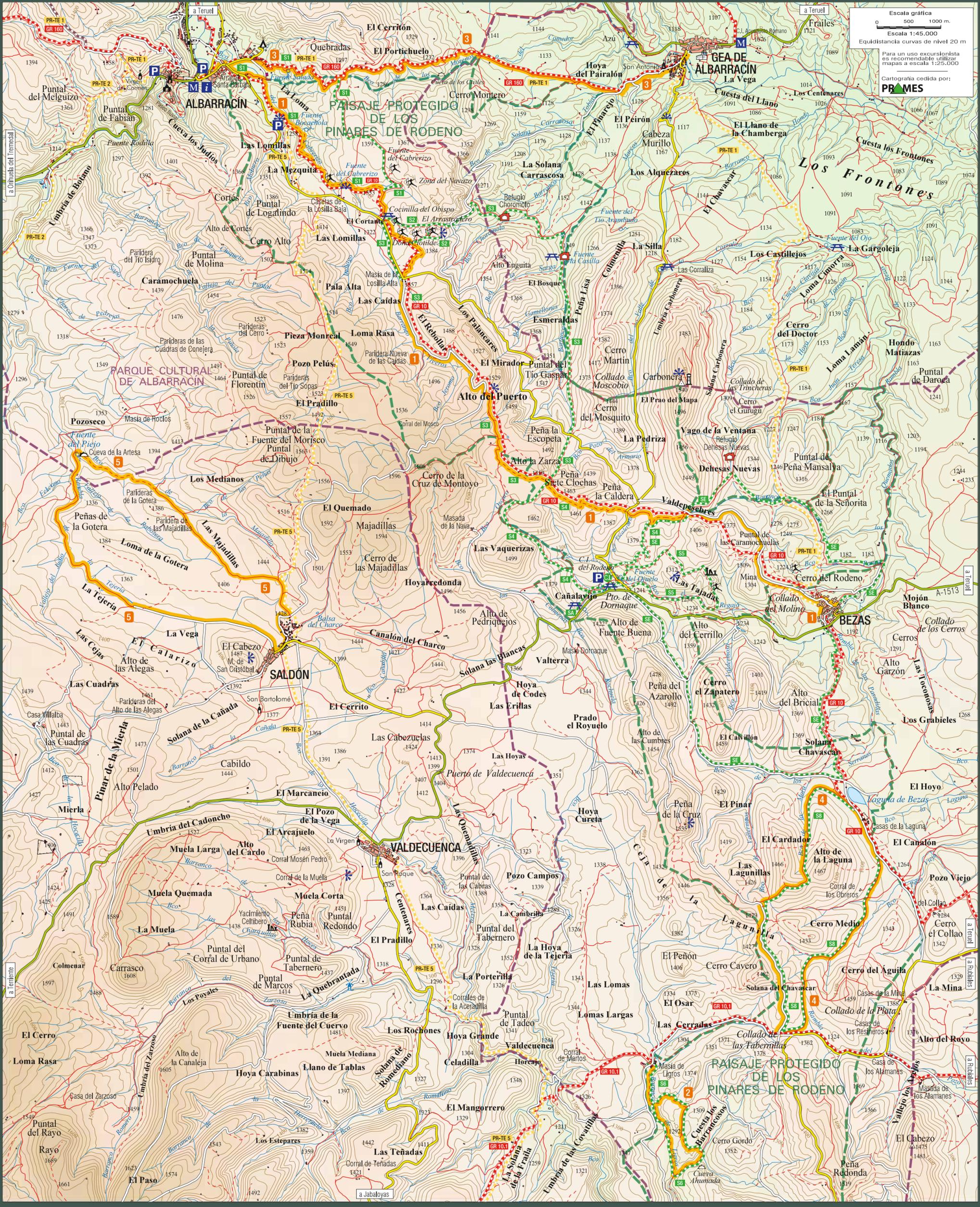
## MONTAÑA SEGURA



S.O.S. ARAGON



PROTECCION CIVIL



Escala gráfica  
 0 500 1000 m.  
 Escala 1:45.000  
 Equidistancia curvas de nivel 20 m  
 Para un uso excursionista es recomendable utilizar mapas a escala 1:25.000  
 Cartografía cedida por:  
**PRAMES**

### 1 Bezas-Albarracín on the GR 10

Set out from Bezas on Calle Barranco; continue on a track that after 9' reaches the PR-TE 1 turning. Follow the main track northwest as it climbs through the pine forest. Turn left down a path that leads to a narrow trail and head left until you reach a trail-firebreak. Follow this firebreak a short distance to the left then take another trail that descends to the Albarracín-Bezas road. Continue first along a path, then a wider track until you come to Alto del Puerto and then Masía de Losilla. Cross the road through pine forest with no marked path to reach the Parque Cultural de Albarracín information centre. The GR footpath heads north from the road, along a wide track goes past the turnout to the Navazo Shelter. Continue down to Fuente del Cabrerizo, passing the PR-TE 5 Saldón turning on the left, and continue along the path that runs parallel to the gully. Next to some small vegetable gardens and a sports centre, cross the stream and take the track which soon brings us to the streets of Albarracín.



MIDE			
severity of environment	2	time	4 h 40 min
how easy is the route to follow	2	elevation gain	370 m
difficulty of terrain	2	elevation loss	420 m
amount of effort required	3	horizontal distance	17,4 km
		type of route	Crossing

### 2 Ligros Casa Forestal-Maquis Camp (S6)

The route begins at the Ligros Forest House then descends a gully in which good specimens of ivy, holly and juniper may be observed. The path then leaves the gully and then climbs through the forest until reaching a track. At the end of the track enter the forest again and after winding through the pines you will reach the Maquis Camp. Nearby there is a viewpoint. Descend here to reach a road at the bottom of the gully. From this point, walking becomes much more difficult due to the unevenness of the terrain which becomes slippery underfoot. Follow the path to the end then continue down the gully until you reach the point where it meets the first gully you walked through. Nearby are the Pajarejo rock paintings. Follow the first gully back to return to the starting point. Recommendations: Walking is tricky in the gully and you must take care not to slip on the wet rock. Wear suitable shoes, take water and binoculars.



MIDE			
severity of environment	3	time	1 h 50 min
how easy is the route to follow	2	elevation gain	120 m
difficulty of terrain	3	elevation loss	120 m
amount of effort required	2	horizontal distance	4,9 km
		type of route	Circular route

### 3 Gea-Albarracín on the Camino del Cid ("El Cid Way") (GR 160)

Leave Gea at the bridge over the Guadalaviar River, following the track that leads to the Calvario. After 10' leave the main track to take another on the right and continue for 30'. After crossing some fields, the track turns sharply to the right. Now leave the track and start to climb. At first there is no clear path but you will then find yourselves on an old road that is now almost lost, which leads to a ruined cabin. Now take a wider track on the right which arrives at a trail in about 30'. Turn left onto this trail, and after a few metres turn off to the right, ascending along a path westward until you reach Cerro de las Quebradas. From here a beautiful view of Albarracín accompanies you as you follow the path, which widens into a track, into the town.



MIDE			
severity of environment	2	time	2 h 40 min
how easy is the route to follow	2	elevation gain	300 m
difficulty of terrain	2	elevation loss	210 m
amount of effort required	2	horizontal distance	9,2 km
		type of route	Crossing

### 4 Las Tabernillas-Laguna de Bezas (S8)

The route starts at Collado de las Tabernillas, following the track that lead north to the Donarque interpretation centre. Follow this track for just over 2 km and take the signposted path on your right that enters the juniper forest. This part of the trail has the steepest gradients, taking you up to a viewpoint overlooking the eastern sector of the Protected Landscape and the Jiloca graben (type of depression). Continue climbing gradually upwards to a low col near Alto de la Laguna. Then follow the course of the gully downwards. The path leads to a wider track through the pine forest, which takes you to Laguna de Bezas. Walk eastward along a stretch that coincides with the GR 10 footpath to a fork and take the right turning. On this section of the walk you need to pay close attention to the waymarkers as there are many different paths. Then follow the course of the gully until you reach a wide firebreak. Walk along this for 250 m then turn to the left and take the path that leads back to the starting point.



MIDE			
severity of environment	2	time	2 h 45 min
how easy is the route to follow	2	elevation gain	245 m
difficulty of terrain	2	elevation loss	245 m
amount of effort required	2	horizontal distance	10 km
		type of route	Circular route

### 5 Cueva de la Artesa

Waymarked route. Start from Saldón following the PR-TE 5 signs towards Albarracín. Once you have passed the last farmyards you will reach a fork next to a field. Leaving the PR, take the track on the left into the juniper forest. Begin to descend keeping to the main track with the Majadillas paridera (traditional livestock enclosure) far away to the left. The trail now runs along the foot of the valley between fields to Cueva (cave) de la Artesa. A little further on the path reaches Rambla de las Goteras and turns southward alongside rainfed crops. Trace the watercourse toward its source until you reach the Tejería corral beside a watering hole. The track then becomes less winding to reach Saldón after about another 3 km.



MIDE			
severity of environment	2	time	2 h 40 min
how easy is the route to follow	2	elevation gain	140 m
difficulty of terrain	2	elevation loss	140 m
amount of effort required	2	horizontal distance	11,4 km
		type of route	Circular route

## PLAN your activity

- Choose an activity that is suitable for the experience of the group
- Calculate schedule, distances and heights you have to climb
- Check the weather forecast and study avalanche data closely
- Plan for an alternative in case you have to shorten the activity
- Let someone know where you are going and when you plan to return



## TAKE the right equipment

- Suitable footwear
- Warm clothing
- Waterproof jacket
- Hat and sunscreen
- Adequate food and water
- Mobile phone with the battery charged
- First aid kit
- Flashlight or headlamp
- Whistle
- Map, compass and GPS



## ACT sensibly

- Avoid going alone, and start the activity at a reasonable hour
- Constantly check that the rest of the group are enjoying themselves
- Do not separate from your companions, do not leave anyone on their own
- Use the maps to guide you and your timing estimates to make sure you're on schedule

- Drink and eat properly, protect yourself from the sun and the cold
- Spare your and your group's energies, turn around if something does not go as planned
- Check there is no weather risk
- If necessary, consider shorter alternatives or turn around and come back another day



To safely enjoy your hike  
**3** Follow these simple steps

PLAN your activity  
TAKE the right equipment  
ACT sensibly



### WHAT IF SOMETHING GOES WRONG?

In the event of an emergency...

- Assess the situation calmly and act sensibly
- Protect the injured person and give first aid if you are trained to do so
- Call the 112 emergency hotline as soon as possible

Use the 112 hotline responsibly; someone may need it more than you

**International distress signals**  
Signal standing up, motionless, arms outstretched facing the helicopter

**YES** I need help  
**NO** I do not need help

**Emergency message**  
Identity, age, number of wounds  
Place of accident  
Is the injured person responding, bleeding, breathing in pain?  
Weather conditions at place of accident

### Useful phone numbers

FAM Refugios (Mountain shelters; maintained all year round)

- |   |  |
|---|--|
| Refugio Lizara, Aragüés del Puerto (Hu)<br>Tel. 974 348 433                       | Refugio Estós, Benasque (Hu)<br>Tel. 974 344 515               |
| Refugio Respomuso, Sallent de Gállego (Hu)<br>Tel. 974 337 556                    | Refugio Ángel Orús, Eriste (Hu)<br>Tel. 974 344 044            |
| Refugio de los Ibones de Bachimaña (Hu)<br>Tel. 697 126 967                       | Refugio La Renclusa, Benasque (Hu)<br>Tel. 974 344 646         |
| Refugio Casa de Piedra, Bañerario de Panticosa (Hu)<br>Tel. 974 487 571           | Escuela de Montaña Benasque, Benasque (Hu)<br>Tel. 974 552 019 |
| Refugio Góriz, Parque Nacional de Ordesa y Monte Perdido (Hu)<br>Tel. 974 341 201 | Refugio Cap de Llauset, Montanuy (Hu)<br>Tel. 974 120 400      |
| Refugio Pineta, Bielsa (Hu)<br>Tel. 974 501 203                                   | Refugio Riglos, Riglos (Hu)<br>Tel. 974 383 051                |
|   | Escuela-Refugio de Alquézar, Alquézar (Hu)<br>Tel. 974 318 966 |

- Albergue de Morata, Morata de Jalón (Z)  
Tel. 976 818 155
- Refugio Rabadá y Navarro, Camarena de la Sierra (Te)  
Tel. 978 768 083

- Otros refugios**
- Refugio Linza, Ansó (Hu)  
Tel. 974 348 289
- Refugio Gabardito, Valle de Hecho (Hu)  
Tel. 974 375 387
- Refugio de Bujaruelo, Torla (Hu)  
Tel. 974 486 412
- Refugio de Viadós, Gistain (Hu)  
Tel. 974 341 613 / 974 506 082

### Useful websites

- [www.montanasegura.com](http://www.montanasegura.com)  
[www.fam.es](http://www.fam.es)  
[www.aemet.es](http://www.aemet.es)  
[www.alberguesyrefugiosdearagon.com](http://www.alberguesyrefugiosdearagon.com)



Your opinion matters to us  
#montanasegura